**Phase 1 (April – June)**

| **On Court**  | **Academic**  | **Servant Leadership** |
| --- | --- | --- |
| Strength/Performance Training  | GPA increase  | Leadership Packets |
| Individual Skill Development | Weekly Grade SheetsStudy Hall  | College/NBA Film |
| Player Evaluation  | SAT/ACT Prep  | Book Club  |
| Spring Leagues  | NCAA Eligibility Center | MS and Elem visits  |
| Middle School Player Evaluations  | FAFSA  |  |
| Skeleton Team PrepImplement Base Off/Def  |  |  |

**Phase 2 (Summer Break)**

| **On Court**  | **Academic**  | **Servant Leadership** |
| --- | --- | --- |
| Individual SkillPerformance Training  | Summer School Students  | Camp Appearance  |
| Summer League (June) | SAT/ACT Vocabulary | Individual Film Clips |
| Team Camp (June) |  | Group Text Msg  |
| AAU Season (July) |  | Watch Teammates Watch Players  |
| Individual Strength Performance Program |  |  |
| Open Gyms |  |  |

**Phase 3 (August-October)**

| **On Court**  | **Academic**  | **Servant Leadership** |
| --- | --- | --- |
| Player expectations and non negotiables | Weekly Grade Sheets  | Introduction and Expectations  |
| Individual Skill, StrengthPerformance Training  |  Study Hall  | Volleyball GamesFootball Games  |
| Player Evaluations (pre-football roster) | SAT/ACT Prep  | Individual Player Meetings  |
| Conditioning Boot Camp  | Introduce Scouting Reports  | Player/Parent Meetings (Individual)  |
| Team Offense and Defense Implementation |  | Leadership Packets  |
| Fall Shootouts  |  | JH Coaches Clinic  |

**Phase 4 (October-December)**

| **On Court**  | **Academic**  | **Servant Leadership** |
| --- | --- | --- |
| Full-time practice  | Weekly Grade Sheets  | Basketball Night HS |
| Finalize rosters (include football players) |  Study Hall  | Wisdom Wednesdays  |
| Introduce IP2’s (Individual Player Plans) | SAT/ACT Prep  | Player Role Allocation Meeting  |
| Intro Injury prevention and flexibility in weight room  | Film SessionsScouting Reports  | Player/Parent Meeting (Whole Program)  |
| Pre-District and Tournament Season |  |  |

**Phase 5 (December-February )**

| **On Court**  | **Academic**  | **Servant Leadership** |
| --- | --- | --- |
| District Competition  | Weekly Grade Sheets  | Pee – Wee Games  |
| Full Time Practice  | \*Coaches begin playoff scouting  | Teacher Appreciation Night  |
| Finalize rosters (include football players) |  Study Hall  | Wisdom Wednesdays \*Guest Speakers  |
| Continue IP2’s (Individual Player Plans) | SAT/ACT Prep  | Player Role Allocation Meetings Continue  |
| Injury prevention and flexibility in weight room  | Increase Film Sessions and Scouting Reports  |  |

**Phase 6 (February-March)**

| **On Court**  | **Academic**  | **Servant Leadership** |
| --- | --- | --- |
| State Playoffs  | Weekly Grade Sheets  | Sub-Varsity End of Season Meetings |
| ½ Time Practice  | Film Sessions and Scouting Reports | Thank you Cards  |
| Regional Tournament  |  Study Hall  | Wisdom Wednesdays \*Guest Speakers  |
| Modify IP2’s (Individual Player Plans) | SAT/ACT Vocabulary  | Varsity – End of Season Meetings  |
| State Tournament – San Antonio, Texas  |  |  |
| Break from Court Time/ Spring Break  |  |  |