

1. You don't quit

The Navy SEAL creed says, "I will not quit. I persevere and thrive in adversity. If knocked down, I will get back up. Every time. I am never out of the fight." In life, you will face lots of challenges and obstacles. Sometimes this means you have to enter new waters that you really do not know about. What will push you over these challenges is persistence and determination.

2. You always make your timing perfect

Timing is very much emphasized in the Navy SEALs. In life, timing could affect what goes into your bank account. The best way to make time count is to choose your priorities and expend your energy in such a way that you can execute your priorities accurately.

3. Always take every objective seriously

Navy SEALs emphasize three things: a goal, how to execute that goal, and what happens when the goal is reached. Success in life all boils down to how you commit yourselves to your goals. You have to make sure your decisions and actions are executed in such a way that you can succeed and move on to your next mission.

4. Make sure you pay attention to everything you learn

Whether it is a mistake you made before, or what a mentor has told you, focus on your past experiences and use it to your advantage. In the Navy SEALs, you are taught leadership and learn from it. To be successful in life, you must learn to make corrections on your journey to success. You must be adaptable, move swiftly, and learn from your past success.

5. Destroy the competition

Learning from the Navy SEALs, you understand that you don't have to tolerate competition. There will always be competition on the road to success. Communicate properly with your team and focus on bringing down the competition to your advantage.

6. Be flexible and adapt

Navy SEALs are trained to adapt to their terrain and their environment. In the journey to success it is not about talent or knowledge, it is about flexibility and adaptation. Who succeeds best is not the one who is strongest or fastest, but the one who can adapt to change and be flexible enough to survive through the arduous terrain of life.

7. Always be disciplined

Whatever ambition you have, attaining them requires discipline. It takes discipline to work hard. It takes discipline to make progress. In the Navy SEALs, discipline is always emphasized. You can't afford to succumb to distractions and disorganization. Sometimes this may require getting out of your comfort zone and pushing yourself to more practice. Try making an impact in every other area of life and you will attain success.

8. Mere talent will not take you there

Many think that talent is enough. They think it can take you to wherever you want. However, this notion is wrong. Talent and skill will never be enough. This is why many of the elites in SEAL training do not succeed easier than others. Actually, a lot of the time such athletes are the first ones to quit. To be successful you need more than talent, you need hard work and persistence. You also need to learn from your mistakes and failures. There is a huge difference between skills and success. In the long run, you have to fight for what you want.